PUNJAB POLICE • PSSSB • PUNJAB PCS • GOVERNMENT EXAMS

HOUSE OF ASPIRANTS

HISTORY OF PUNJAB

CHAPTER 2

Guru Amar Das Ji, Guru Ram Das Ji & Guru Arjan Dev Ji

Prepared by someone who has already achieved what you are preparing for.

WEBSITE
houseofaspirants.in

EDITION
October 2026

LANGUAGE
Punjabi & English

House of Aspirants

Punjab's bilingual exam-preparation platform

houseofaspirants.in

Welcome, Aspirant

Thank you for choosing **House of Aspirants**. These notes are written for every serious government-exam aspirant: **exam-oriented, easy to understand and free**.

> *"Prepared by someone who has already achieved what you are preparing for."*

HOW TO GET THE MOST FROM THESE NOTES

1 Read
Go through the chapter once and mark the points that are new to you.

2 Practise
Attempt this chapter's MCQ quiz on houseofaspirants.in.

3 Revise
Check previous year questions on the topic and revise your marked points.

Visit Our Website

- Bilingual notes: Punjabi & English
- Daily quiz & chapter-wise MCQs
- Monthly current affairs
- 10+ years of previous year papers
- Progress tracking

Scan to visit

www.houseofaspirants.in

Join Our Telegram Channel

- Latest notes, first
- Daily updates
- Exam notifications
- Weekly PDFs
- Live guidance sessions

Scan to join

t.me/HouseOfAspirant

Keep Learning. Keep Growing. Keep Achieving.

Team House of Aspirants

© 2026 House of Aspirants. These notes are for educational purposes only. Reproduction, redistribution or commercial use without permission is prohibited.

CHAPTER 2

Guru Amar Das Ji, Guru Ram Das Ji and Guru Arjan Dev Ji

The Third, Fourth and Fifth Sikh Gurus

IN THIS CHAPTER

- Guru Amar Das Ji – reforms and Manji system
- Goindwal Sahib and Akbar's visit
- Guru Ram Das Ji – founding of Amritsar
- Masand system and compositions
- Guru Arjan Dev Ji – Harmandir Sahib and Adi Granth
- Dasvandh and martyrdom

GURU 3 Guru Amar Das Ji (1479–1574)

Quick Revision Box

Born	5 May 1479 in the Bhalla family at Basarke (Amritsar)
Parents	Tej Bhan Ji and Mata Bakht Kaur
Wife	Mansa Devi Ji
Children	Mohri Ji, Mohan Ji, Bibi Dani Ji, Bibi Bhani Ji
Guruship	22 years (1552–1574)

Revolutionary Reforms

- **Social reforms:** Opposed and worked to end the **Sati** and **Purdah** systems
- **Langar system:** Made langar compulsory – **"Pehle Pangat, Pichhe Sangat"** (eat together in the langar before meeting the Guru)
- **22 Manjis:** Set up 22 preaching centres (Manjis) so that the sacred bani of Guru Nanak Dev Ji could reach people easily and connect them with the Guru's teachings
- **Sikh ceremonies:** Introduced Sikh rites for birth, marriage and death
- **City founded:** Goindwal Sahib (with the **Baoli Sahib** – a step-well)

IMPORTANT NOTE

Emperor **Akbar** visited Goindwal Sahib and gifted land to **Bibi Bhani Ji**, where the Golden Temple stands today.

Compositions

- **Anand Sahib**
- **Pothi Sahib** (Goindwal Pothis) – collection of the bani of the earlier Gurus, Bhagat Kabir Ji and Bhagat Namdev Ji

GURU 4 Guru Ram Das Ji (1534–1581)

Quick Revision Box

Original name	Bhai Jetha Ji
Born	24 September 1534 in the Sodhi family at Chuna Mandi, Lahore
Parents	Hari Das Ji and Mata Daya Kaur
Wife	Bibi Bhani Ji (daughter of Guru Amar Das Ji)
Guruship	7 years (1574–1581)

Major Achievements

- **City founded:** Amritsar – earlier called **Chak Ram Das**, **Guru Ka Chak** and **Ramdaspur**
- **Sarovar:** Started digging the sacred pool (sarovar) at Amritsar
- **Masand system:** Appointed representatives called **Masands** to spread the message of Guru Nanak Dev Ji and to collect offerings and donations from the followers and deliver them to the Guru
- **Bhai Gurdas Ji:** Appointed to preach the teachings of Guru Nanak Dev Ji

Compositions

- **Lavan:** Marriage hymns – an essential part of the Sikh wedding (Anand Karaj)
- **Ghorian:** Songs sung during marriage ceremonies that add joy to the wedding

EXAM TIP

Total hymns of Guru Ram Das Ji: **638**.

GURU 5 Guru Arjan Dev Ji (1563–1606) – First Great Martyr

Quick Revision Box

Born	15 April 1563 at Goindwal Sahib
Parents	Guru Ram Das Ji and Bibi Bhani Ji
Son	(Guru) Hargobind Sahib Ji
Guruship	25 years (1581–1606)
Title	Sachcha Padshah (True Emperor)
Martyrdom	1606 at Lahore, on the bank of the river Ravi

Historic Constructions

- **Harmandir Sahib:** Completed its construction; foundation stone laid by Sufi saint **Mian Mir Ji** (December 1588)
- Built the **Santokhsar** and **Ramsar** sarovars
- **Cities founded:** Tarn Taran (1590), Kartarpur – Jalandhar (1594), Sri Hargobindpur

Literary Contributions

- **Adi Granth:** Written down by **Bhai Gurdas Ji** under the guidance of Guru Arjan Dev Ji and completed in **1604**. It was ceremonially installed in Harmandir Sahib on **16 August 1604**, with **Baba Buddha Ji** as the first Granthi. It contains the bani of the first five Gurus along with that of Bhagat Kabir Ji, Bhagat Ravidas Ji and Sheikh Farid Ji.
- **Sukhmani Sahib:** "The Psalm of Peace"
- **Other works:** Barah Maha (Majh), Bavan Akhri

Important Notes

- **Dasvandh system:** Started the practice of giving **1/10th of income** for community welfare. It aimed to raise resources for the upkeep of gurdwaras, langar, and religious and social work, and it built cooperation, the spirit of seva and economic unity among the Sikh sangat.
- **Khusrau's visit:** Prince Khusrau, the rebel son of Jahangir, met Guru Sahib.
- **Martyrdom:** Martyred on the orders of Emperor **Jahangir** in **1606** at Lahore, on the bank of the river Ravi.

QUICK REVISION

- Guru Amar Das Ji: **Goindwal** · **22 Manjis** · Anand Sahib · Akbar's visit · against Sati & Purdah
- Guru Ram Das Ji: Bhai Jetha · founded **Amritsar (Ramdaspur)** · **Masands** · Lavan · **638** hymns
- Guru Arjan Dev Ji: Harmandir Sahib (Mian Mir) · **Tarn Taran 1590** · Adi Granth **1604** · Sukhmani · Dasvandh · martyred **1606**

HOUSE OF ASPIRANTS
Learn from someone who has already achieved what you are preparing for.